

	Tuesday	Wednesday	Thursday	Friday
		1. Beef lasagna with garlic toast	2. Chicken balls with rice & sautéed vegetables	3. Ciabatta cold cut sandwich Cheese sandwich Mac & cheese bites
Meatballs (beef) with potato fries	7. Stir fried noodles with chicken dumplings	8. Chicken burger (white meat) and salad	9. Chicken teriyaki on rice with sautéed vegetables	10. Ciabatta Turkey sandwich Cookies and cream cupcakes
Pizzas	14. Beef burger with salad and onion rings	15. Chicken nuggets with sweet potato and salad	16. Sweet & sour chicken on rice with steamed vegetables	17. Ciabatta Roast beef sandwich Double chocolate brownies
Pizzas	21. Chicken fingers with sweet potato fries and salad	22. Chicken Taquitos with salad.	23. Honey Garlic Chicken on rice with sautéed veg	24. Ciabatta chicken sandwich Cookies and cream cupcakes
Meatball sub with	28. Stir fried noodles with teriyaki chicken and steamed vegetables	29. Swiss chicken with sautéed asparagus	30. Butter chicken with naan bread and rice	31. Ciabatta egg and cheese sandwich Cheese pizza