

Monday	Tuesday	Wednesday	Thursday	Notes/Soup ,sandwich and side for the week
May 2024		1. Pressed Ciabatta Sandwich (cold cuts) With salad	2. Chicken teriyaki on rice with steam veg	Yogurt parfait Ham and cheese croissant Cheese pizza
6. Beef lasagna and garlic toast	7. Chicken, pepper jack cheese burrito with salad	8. Swedish meatballs with fries/ gravy and salad (beef)	9. Honey garlic wings and fried rice	Turkey sandwich wrap Yogurt parfait Cheese pizza
13. Chicken cordon blue with sauté asparagus	14. Gourmet burger (beef) with salad	15. Chicken fettuccini Alfredo With garlic toast	16. Beef bulgogi on rice with sauté veg	Ham and cheese wrap Yogurt parfait Cheese pizza
20. No classes	21. Beef lasagna and garlic toast	22. Miso ramen	23. Beef teriyaki on rice with steam veg	Chicken and cheese croissant Yogurt parfait Cheese pizza
27. Veg lasagna and garlic toast	28. Chicken yakisoba with spring roll	29.Marinara meatball Spaghetti (chicken) garlic toast	30. Spareribs with sweet Thai chili sauce on rice and sauté veg	Roast beef and cheese wrap Yogurt parfait Cheese pizza